

This list is provided as a courtesy of Southern New England Ministry Network. It offers a diverse list of emotional and spiritual care resources. This list will be periodically updated as we continue to research other care resources

INTERESTED IN SUPPORTIVE DIRECTION?

Are you interested in receiving encouragement and supportive direction or have additional questions on finding resources? Please reach out to our Director of Minister Care: Christan Causey at christan@snemn.com

Disclaimer: Please note that SNEMN does *not* officially endorse any of the individuals/organizations listed.

Professional Counseling Services

Individual State Licensed Therapists/Counselors

Each person listed here is a state licensed counselor or therapist and may or may not have additional theological training. While we do not officially endorse any counselor, many of the listed services and counselors have come recommended. Please contact us for more personalized recommendations.

Kristen Kansiewicz, LMHC

Lynnfield, MA
newhope@ecic-lynn.com
<https://ChristianOnlineTherapy.com/About>

Emmanuel Martinez, LMHC

Dorchester, MA
(857) 264-1232 - mercycounselingservices@gmail.com
Specialties - Men, Anger, Christian Counseling
Insurance and Fees visit:
<https://psychologytoday.com/us/therapists/emmanuel-martinez-dorchester-ma/477311>

Dale Atlas, LMHC

Licensed Mental Health Counselor in MA
Tewksbury, MA
(339) 230-0521; daleatlas@verizon.net
Specialties: Anxiety, Depression, Trauma, OCD, PTSD
Insurance and Fees visit:
<https://psychologytoday.com/us/therapists/dale-atlas-tewksbury-ma/267088>

Rondey Allen, MSW, LICSW

Excutive Director, Licensed Clinician
CrossPoint Clinical Services – Western MA
rallen@crosspointclinical.org
Specialties: grief, family systems, depression, anger management, pastoral support, trauma, etc
Insurance, fees, and appointments, visit:
<https://crosspointclinical.org/contact-us/appointments/>

Sajjan Sharma, MSW

CrossPoint Clinical Services – Western MA
ssharma@crosspointclinical.org
Specialties: Depression, chronic illness/pain, sexual addiction, anxiety/panic, grief – Prepare/Enrich Facilitator
Insurance, fees, and appointments, visit:
<https://crosspointclinical.org/contact-us/appointments/>

Jeffery Sullo, LPC

The Well Christian Counseling, Cheshire, CT
(203) 802-1326; jefftwcc@gmail.com
Specialties: pastors & ministry families, spiritual issues, anger management, family, men's issues, missionary re-entry
Insurance, fees, and appointments, visit:
<https://findacounselor.focusonthefamily.com/counselor/5077/>

Ben Wertheim, LPC, NCC

Enfield, CT
(860) 239-0049; benjamin.wertheim.lpc@gmail.com
Specialties: anxiety, family, parenting, grief, marriage, eating disorders, depression, etc.
Insurance, fees, and appointments, visit:
<https://findacounselor.focusonthefamily.com/counselor/4716/>

Counseling Databases

Focus on the Family

This database offers a selection of licensed counselors that offer a faith-based treatment method. In addition, you can call for a consultation and speak with a licensed counselor or pastoral counseling specialist

<https://focusonthefamily.com/get-help/counseling-services-and-referrals/>

Consultation Hotline: 855-771-HELP

Charis Counseling Network - Connecticut

Charis serves the Greater Hartford area and offers a database of resources for finding a professional counselor, finding support groups, and other related helping resources.

<https://charisnetworkct.org/find-a-professional-counselor.html>

CrossPoint Clinical Services – Western Massachusetts

“They promote personal healing through quality psychotherapeutic and wellness services and guide others to do the same with our professional consultation and training. Their services are client-centered, based on sound clinical practice and Biblical principles. They believe that trust, respect, confidentiality, and compassion are essential values to our work with individuals, families, and professional clients.”

CrossPoint also offers many services to care for Pastors and also train Pastors to care for their church. Check out their website to view their list of clinicians and other pastoral resources.

<https://www.crosspointclinical.org>

Emerge Counseling Ministries

“The Emerge Way of counseling is the integration of Biblical truth with proven psychological insights to help people find rest and live free as Christ intended. The life influences we all face, both good and bad, act upon our minds and are filtered through our personal histories. These mental constructs impact our interpretations of present events and result in challenging life patterns. Therapeutic interventions are aimed at healing the story we tell ourselves about these past experiences and transforming our view into the most redemptive interpretation possible. This results in a person experiencing the “life that is really life” (1 Tim. 6:19).”

Emerge Counseling offers many services and resources for ministers and ministry families onsite counseling intensives in Ohio or phone consultation. Visit their website for more information or contact our network office for more personalized recommendations.

<https://emerge.org/ministry-leaders/>

Gordon Conwell Theological Seminary Counseling Resource List – Boston Area

This list is provided as a courtesy of the GCTS Counseling office. Please note that GCTS does not officially endorse any of the individuals/organizations listed.

https://drive.google.com/file/d/123merOJJLPYQZyH69vTOjpy8jwdOWc_A/view?usp=sharing

Non-State Licensed Helping Services

Pastoral Counseling

(Each person listed here is an ordained minister with professional training and education in Christian (pastoral) counseling and/or holds a graduate degree in the Human Services field. The method is biblical and pastoral counseling. If clinical needs are shown for psychological/mental health services, you will be referred out to a state licensed therapist or counselor).

Soul Support Ministry Center

PO Box 907, East Longmeadow, MA 01028
(413) 575-4151
merrie@soulsupportministries.org
<https://soulsupportministries.org/>

Rev. Tony Palow, M.A.

MA Clinical Pastoral Counseling
Lead Pastor, Restoration Church, North Providence, RI
Founder of MarriedForLifeMinistry.com
Pastoral Counseling/Marriage Coaching
tony.palow@gmail.com
(401) 585-7684
Specialties: stress management, marriage & family, strategies in overcoming anxiety, sabbaticals, church systems and organizational strategies
Fees: flat fee, contact for more info
<https://tonypalow.com>

Rev. Christan Causey, M.A.

SNEMN Director of Minister Care/Pastoral Counseling Services
christan@snemn.com
(781) 879-4696
Specialties: marriage and family, leadership stress and burnout, conflict management, grief, transition stress, addressing difficult emotions and thought patterns, etc.

Other support resources for emotional and spiritual support:

Spiritual Direction

Rev. Gil Banton

gilbanton@gmail.com

804-994-4099

Columbia, CT

Certified Spiritual Direction through Leadership Transformation Institute: Selah

Fee: Sliding scale between \$30-\$80 per session

Search for a Spiritual Director in your area:

https://www.leadershiptransformations.org/selah_find_spiritual_director.htm

ESDA - Evangelical Spiritual Directors Association:

<https://www.graftedlife.org/spiritual-direction/esda>

Inner Healing Prayer Ministry

Rev. Donna Slocum

Healing Prayer Ministry

dlslocum@comcast.net

(978) 413-7187

Office: 17 Main St.

Ashburnham, MA 01430

<https://chcofne.com/receivehealingprayer>

Other Minister Health Resources

Prepare/Enrich Marriage/Pre-Marital Counseling/Coaching

“Their mission is to equip marriage champions, couples, and families with evidence-based skills and insights to foster healthy relationships. It is a customized couple assessment completed online that identifies a couple's strength and growth areas. It is one of the most widely used programs for premarital counseling and premarital education. It is also used for marriage counseling, marriage **enrichment**, and dating couples considering engagement.”

Find a facilitator near you by visiting the website or contact the network office for a more personalized recommendation:

<https://www.prepare-enrich.com/couples/find-a-facilitator/>

Barnabas Ministries and John 17:23 Groups

The John 17:23 pastoral support group movement provides opportunity for pastors to connect with other pastors for mutual encouragement and support without competition or the need for unsolicited advice. Our desire is that every pastor everywhere will become part of a John 17:23 group and experience this unity. Groups of 3-5 meet all over Southern New England, along with many online. Groups are available for men, women, or for both men and women.

Learn more about joining a group and more info about starting a group in your area:

<https://john1723.net/events-for-pastors/>

Video Intro:

<https://www.youtube.com/watch?v=2Fg1alkw-oA>

Pure Desire Ministries

Pure Desire Ministries brings hope and healing, helping the minister cultivate sexual integrity in every area. They provide resources through written content, counseling, support groups, retreats, and more. For more information about Pure Desire, contact:

Rodney Allen at rodney@puredesire.org; (503) 878-7601

<https://puredesire.org>

Focus on the Family – Marriage Intensive

Hope Restored is a counseling marriage retreat focused on helping marriages survive and thrive. It offers sessions with licensed counselors trained specifically to address marriage and family issues.

https://hoperestored.focusonthefamily.com/?utm_source=focusonthefamily.com&utm_medium=referral

Consultation Hotline: 866-875-2915

Retreats and Renewal

Our National AG website offers a list of centers and programs across the US. Visit the link below for a listing.

<https://ag.org/Resources/Resources-For/For-Ministers/Renewals-Retreats-and-Vacations>